

I will again assist as clinical instructor for Dr Lyftogt's Neural Prolotherapy Workshop in Los Angeles California, May, 6-8, 2011.



Attending Dr John Lyftogt's Neural Prolotherapy workshops, in New Zealand last year and in Italy this year, has been one of the most rewarding and exciting experience, in my quest to find the cure for Chronic Pain. As a physiatrist and prolotherapist, I have been successful in treating musculoskeletal pain, but neuropathic pain has been frustrating as very few treatment options are available - with no cure. I went to New Zealand last year for his first ever International Neural Prolotherapy workshop that he and his wife Maria organized themselves. There were only 12 medical doctors that attended. We were all blown away by his work and impressed by the immediate relief of pain we witnessed when he treated his own patients. Impressed but still skeptical, I returned home and tried it on my own patients and have been amazed with the results, leading to pain relief in almost all musculoskeletal and neuropathic cases. I was excited to tell many of my colleagues about Dr Lyftogt's technique. I was invited to attend his second workshop held in Italy, to assist as one of his clinical instructors, attended by 27 doctors from around the world. There, I was able to understand more deeply the pathophysiology of neurogenic inflammation and of the anatomy of peptidergic sensory C-fibers and how it applies to the basic principles of how neural prolotherapy with near nerve injections of dextrose can relieve pain instantly. I feel honored and blessed to be one of the pioneers in spreading the word about neural prolotherapy. The whole paradigm of pain has changed for me and I have discovered, thanks to Dr Lyftogt, a minimally invasive treatment, that if done correctly, can relieve pain without the expensive and ill effects of many medications used for pain. I am also currently involved in exciting research, studying the potential analgesic effects of dextrose on nerve roots, via epidural approach.